

VACCINATION PROTECTS AGAINST DANGEROUS DISEASES

# SMALL AND MEAN DON'T GIVE VIRUSES AND BACTERIA A CHANCE!

## PATIENT INFORMATION

### THINGS YOU SHOULD KNOW

- Many vaccines require a regular booster in order to maintain protection. This is why vaccinations are vital not only for children but also for adults.
- Vaccinations not only protect those who have had a jab. If sufficient numbers of people are vaccinated, certain germs – such as the measles virus – can be eradicated in the long run.
- All medicines have side effects, but modern vaccines are among the safest and the benefits of vaccinations far outweigh the risks of side effects. However, occasionally fever, a rash or swelling in the place where you have had the injection can occur after a vaccination. This in fact indicates that your body is building up resistance.
- The statutory health insurance schemes meet the costs for all vaccinations which are listed in the Immunization Guidelines as Health Insurance Scheme Services. These guidelines are based on the recommendations of the Standing Committee on Vaccination (STIKO) at the Robert Koch Institute.

### DON'T FORGET TO BUILD UP AND BOOST VACCINE PROTECTION!

Getting vaccinated is easy and one of the most effective measures for protecting yourself against serious infectious diseases. Ask your doctor about your vaccine protection. Your doctor will advise you on which vaccines or boosters you need.

### THE ASSOCIATIONS OF STATUTORY HEALTH INSURANCE PHYSICIANS AND THE NATIONAL ASSOCIATION OF STATUTORY HEALTH INSU- RANCE PHYSICIANS

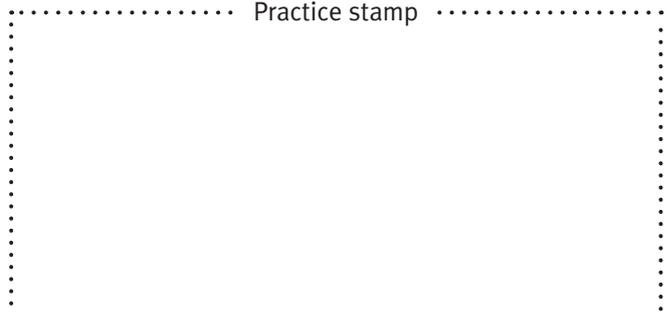
In Germany more than 165,000 physicians and psychological psychotherapists are responsible for the medical treatment of outpatients. As their organisations the Associations of Statutory Health Insurance Physicians (KVen) ensure that everything runs smoothly:

- They conclude contracts on outpatient treatment for all accredited physicians and psychotherapists with all statutory health insurance schemes. Thus patients can go and see any physician or psychotherapist, regardless which health insurance scheme they have chosen.
- They guarantee outpatient treatment around the clock.
- They examine the qualifications of the SHI-authorized physicians and psychotherapists, check the medical equipment as well as the quality of the examinations.

The umbrella organisation of the 17 Associations of Statutory Health Insurance Physicians (KVen) in Germany is the National Association of Statutory Health Insurance Physicians (KBV).

Find out more at [www.kbv.de](http://www.kbv.de)

Practice stamp



# WHY VACCINATE?

## These diseases can be prevented by a vaccination

(in accordance with the Standard Vaccination Recommendations of the Standing Committee in Vaccination [STIKO] at the Robert Koch Institute)

	Recommended Vaccination Age										My next vaccination appointment
	6 Weeks	2 Months	3 Months	4 Months	11-14 Months	15-23 Months	5-6 Years	9-14 Years	15-17 Years	from 18 Years	
<b>Diphtheria</b>		1.	2.	3.	4.	A	A	A	A**		
<b>Lockjaw (Tetanus)</b>		1.	2.	3.	4.	A	A	A	A**		
<b>Whooping cough (Pertussis)</b>		1.	2.	3.	4.	A	A	A***			
<b>Haemophilus influenzae type b (Hib)</b>		1.	2.*	3.	4.						
<b>Infantile paralysis (Polio myelitis)</b>		1.	2.*	3.	4.		A				
<b>Hepatitis B</b>		1.	2.*	3.	4.						
<b>Measles</b>											
<b>Mumps (“Epidemic parotitis”)</b>					1.	2.			S#		
<b>Rubella</b>											
<b>Chickenpox</b>					1.	2.					
<b>Influenza (flu)</b>											S**
<b>Pneumococci +</b>		1.		2.	3.						S***
<b>Meningococci</b>						1.					
<b>Human papilloma viruses (HPV)***</b>							SM				
<b>Rotaviruses</b>	1.	2.	3.*								

Remark: The aforementioned vaccinations correspond to the Standard Vaccination Recommendations of the Standing Committee on Vaccination (STIKO) at the Robert Koch Institute. For further recommendations for the STIKO for women of child-bearing age, certain high-risk and occupational groups, for travellers etc., please ask your doctor, if appropriate.

As a general principle, the STIKO advises individuals to catch up on any missed vaccinations before their 18th birthday.

**A** Booster Standard vaccination  
**S** Standard vaccination  
**SM** Standard vaccination for girls

**#** Measles vaccination for all adults born after 1970, who have not yet been vaccinated at all or were only vaccinated once in childhood or whose vaccination status is unclear

**+** Premature babies receive an additional dose of vaccine at the age of 3 months.

**\*** With certain vaccines this vaccination appointment can be waived  
**\*\*** Annually with current vaccine  
**\*\*\*** Re-vaccination every 5 years (only with specific indications)

**\*\*** Re-vaccination every 10 years  
**\*\*\*** Basic immunisation provided in 2 or 3 stages, depending on age and vaccination  
**\*\*\*** Once in adulthood